

January

Cafeteria Menu

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6th	7th	8th	9th	10th	11th	12th
Breakfast	Bacon/Sausage Fried Eggs Golden Hash Browns Pancakes Beverage	Bacon/Sausage Scrambled Eggs Blue Berry Muffins Beverage	Bacon/Sausage Poached Eggs Scones Cereal Beverage	Bacon/Sausage Fried Eggs Biscuits and Gravy Chocolate Muffins Beverage	Bacon/Sausage Scrambled Eggs Cinnamon Rolls Beverage	Cold Items Only
Cold Items Only						
Lunch Menu Items						
Cooks Choice	French Dip Sandwich Broccoli Cheese Soup	Fish, Chips &Slaw Chicken Noodle Soup	White Chicken Chili	Cook's Choice	Shrimp Scampi	Cook's Choice
Turkey Mashed Potatoes Carrots Dinner Rolls Salad Bar Beverage	Fried Chicken Green Beans Corn Mashed Potatoes/gravy Salad Bar Beverage	Cabbage Rolls California Blend Asparagus Oven Roasted Red Potatoes Hushpuppies Salad Bar Beverage	Hamburger Chicken Sandwich Grilled or Breaded Fried Foods Soup Salad Bar Beverage	Grilled Salsa Verde Chicken Steak Fajita Spanish Rice Refried Beans Salad Bar Beverage	Beef Tips and Noodles Mashed Potatoes Capri Vegetables Dinner Rolls Salad Bar Beverage	Pulled Pork Sandwiches Fries Assorted Salad Beverage
Supper Menu Items						
	Chief's Salads	Peperoni Rolls	Grilled Cheese & Tomato Soup	Crab Cakes	Cook's Choice	
Cold Items Only	General Tso's Sweet and Sour Chicken White Rice Egg Rolls Assorted Salad Beverage	Open Faced Roast Beef Mashed Potatoes Green Beans Dinner Rolls Assorted Salads Beverages	Pork Loin Wild Rice Spinach Dinner Rolls Assorted Salad Beverage	Ham Green Bean Casserole Au gratin Potatoes Assorted Salad Beverage	Baked Ziti Roasted Zucchini Garlic Bread Assorted Salads Beverage	Cold Items Only

Week 3

*Breakfast Served
7:30-9:00*

**Jackson General Hospital
Nutrition Services
Melanie Hall, DTR, Director**

*Lunch 11:00-1:30
Dinner 4:30-6:00*