March

Breakfast Served

7:30-9:00

Cafeteria Menu

2018

			Breakfast			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11th	12th	13th	14th	15th	16th	17th
	Fried Eggs	Omelets	Scrambled Eggs	Poached Eggs	Scrambled Eggs	
	Bacon / Sausage	Bacon /Sausage Links	Bacon / Sausage	Bacon / Sausage	Bacon / Sausage	Cold Items Only
Cold Items Only	Cinnamon Rolls	Chocolate Muffins	Scones	Blueberry Muffins	Biscuits and Gravy	
		L.	l unch Menu Items			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cook's Choice	Hamburgers	Tomato Soup	Navy Beans w/ Corn Bread	Potato Soup	Minestrone Soup	Pretzels w/Cheese
	French Fries	Cheese Quesadilla	Sub Sandwich	Corn Dogs	illinostrone ooup	
Open Faced Roast Beef Mashed Potatoes	Country Fried Steak Mashed Potatoes/Gravy		Baked Spaghetti Roasted Brussel Sprouts	Oven Fried Chicken Mashed Potatoes		Chicken and Noodles Mashed Potatoes
Green Beans Dinner Rolls	Carrots Salad Bar	Broccoli Salad Bar	Garlic Bread Salad Bar	Green Beans Dinner Roll	Pasta Bar	Baby Carrots Dinner Roll
Salad Bar	Beverage	Beverage	Beverage	Salad Bar		Assorted Salads
Beverage				Beverage		Beverage
Supper Menu Items						
	Pizza	Italian Sausage w/Peppers and Onions	Reuben	Corn Nuggets BLT's	Cook's Choice	
	Beef Pepper Steak	Open Faced Turkey	Chicken and Biscuits	Taco Bar	Hamburgers	
	White Rice	Mashed Potatoes	Mashed Potatoes	Queso	Hot Dogs w/Sauce	
Cold Items Only		Green Beans	California Vegetables	Refried Beans	Fries	Cold Items Only
	Salad Bar	Assorted Salads	Assorted Salads	Assorted Salads	Slaw	
	Beverage	Beverage	Beverage	Beverage	Assorted Salads	
					Beverage	

Jackson General Hospital
Nutrition Services
Melanie Hall, Director

Week 5

Lunch 11:00-1:30 Dinner 4:30-6:00