

October

Cafeteria Menu

2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8th	9th	10th	11th	12th	13th	14th
Breakfast	Bacon/Sausage Fried Eggs Golden Hash Browns Apple Bites Cereal/Yogurt	Bacon/Sausage Western Omelet Fried Potatoes Blue Berry Muffins Cereal/Yogurt	Bacon/Sausage Scrambled Eggs Scones Fruit and Yogurt Cereal	Bacon/Sausage Poached Eggs Chocolate Muffins Cereal/Yogurt	Bacon/Sausage Scrambled Eggs Cinnamon Rolls Cereal/Yogurt	Cold Items Only
Cold Items Only						
Lunch Menu Items						
Cooks Choice	Vegetable Beef Soup Pepperoni Rolls	Baked Potato Soup Grilled Chicken Sandwich	Tuscan Sausage & Potato Grilled Cheese & Apples Sandwich	Santa Fe Chili Bean Burrito	Cheese Soup Hot Sausage/onions& Peppers	Cook's Choice
Fried Chicken Mashed Potatoes Green Beans Assorted Bar	Home Style Pork Chops Southern Style Spinach Scalloped Potatoes Salad Bar	Stuffed Cabbage Honey Glazed Carrots Oven Roasted Red Potatoes Spiral Fries Dinner Rolls	Chicken & Dumplings Mashed Potatoes Green Beans Dinner Rolls Salad Bar	Taco Bar Refried Beans Spanish Rice Salad Bar	Pecan Crusted Tilapia Asparagus Baked Potatoes Salad Bar	Chicken Tenders Chili Fries Chili Cheese Fries Assorted Salad
Supper Menu Items						
	Pretzels	French Dip Sandwich French Fries	Cinnamon Rolls	French Fries/Onion Rings	Cook's Choice	
Cold Items Only	Marinated Chicken Baked Tomatoes Orzo Pasta Dinner Rolls	Ham and Potato Cheese Casserole Green Beans Boiled Cabbage Dinner Rolls Beverage	Scrambled Eggs Bacon/Sausage Home Style Potatoes Biscuit and Gravy Assorted Salad	Hamburgers Hot Dog w/Sauce Cole Slaw Lima Beans Assorted Salad	Baked Ziti Roasted Zucchini Garlic Bread Assorted Salads	Cold Items Only

Week 3

Breakfast Served
7:30-9:00

Jackson General Hospital
Nutrition Services
Melanie Hall, DTR, Director

Lunch 11:00-1:30
Dinner 4:30-6:00