

Oct

Cafeteria Menu

2018

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7th	8th	9th	10th	11th	12th	13th
Cold Items Only	Scrambled Eggs Bacon / Sausage Golden Hash Brown Cinnamon Rolls	Fried Eggs Bacon / Sausage Links Home Fries Cranberry Orange Muffin	Omelets Bacon / Sausage Breakfast Sandwich Scones	Breakfast Casserole Bacon / Sausage Cherry Turnovers	Poached Bacon / Sausage Biscuits and Gravy	Cold Items Only

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cook's Choice	Beef Vegetable Soup Hot Dog w/Sauce/Slaw	Broccoli Cheese Turkey Melts	Navy Beans Soup w/CB Bologna Sandwich	White Chicken Chili Grilled Reuben	Soup of the Day Italian Sub	Cook's Choice
Ham Green Bean Casserole Baked Sweet Potatoes Dinner Rolls Salad Bar Beverage	Parmesan Garlic Chicken Asparagus Baked Tomatoes Rosemary Red Skins Dinner Rolls Salad Bar Beverage	Baked Steak Green Beans Corn Mashed Potatoes Dinner Rolls Salad Bar Beverage	Chicken Cordon Blue Casserole Broccoli w/Cheese Sauce Capri Vegetables Stuffed Jalapeños Onion Rings Salad Bar Beverage	Pork Chops Spinach Peas and Carrots Au Gratin Potatoes Crinkle Cut Fries Salad Bar Beverage	Pasta Bar	Roast Mashed Potatoes Baby Carrots Dinner Roll Assorted Salads Beverage

Supper

	Cobbler	Chicken Philly Cheese Steak	Cook's Choice	Brats	Cook's Choice	
Cold Items Only	Turkey Sweet Potato Casserole Calafornia Blend Stuffing Assorted Salads Beverage	Spaghetti Roasted Squash Garlic Bread Twisty Fries Assorted Salads Beverage	Taco Bar Refried Beans Spanish Rice Assorted Salads Queso Beverage	BBQ Chicken Green Beans Baked Potatoes Dinner Rolls Corn Nuggets Assorted Salads Beverage	Hamburgers Chicken Sandwich Fried Foods Assorted Salads Beverage	Cold Items Only

*Breakfast Served
7:30-9:00*

*Jackson General Hospital
Nutrition Services
Melanie Hall, Director*

*Lunch 11:00-1:30
Dinner 4:30-6:00*

Week 5